

Finding Balance

Church & Prayer

At bedtime, meal time, or another convenient time of the day, the following questions can be used to foster conversation in families about balance, especially as it relates to our time sheltering in place. This week, we will be talking about church & prayer:

Thinking about this time during which we have been home:

What did you like about prayer?
What did you like about worship?

What was hard about prayer?
What was hard about worship?

What do you wish we could keep doing?

What would you like to say “thank you” to God for?
What would you like to ask God for help with?

What are the different ways and times your family prays?

Are there times when you listen to God?

Is prayer the only way you talk and listen to God? What else might you do?

Would you like to try praying in a new way with your family?
What might that look like?

