

Finding Balance

Family & Friends

At bedtime, meal time, or another convenient time of the day, the following questions can be used to foster conversation in families about balance, especially as it relates to our time sheltering in place. This week, we will be talking about family & friends:

Think about the time during which we have been staying at home.

What did you like about family during this time?
What did you like about friends during this time?

What was hard about family during this time?
What was hard about friends during this time?

What do you wish we could keep doing as a family that we've done during this time?
What do you hope that we won't be doing that we've done during this time?

What do you wish we could keep doing with friends that we've done during this time?
What do you hope that we won't be doing with friends that we've done during this time?

What would you like to say "thank you" to God for about our family?
What would you like to say "thank you" to God for about your friends?

What would you like to ask God for help with about our family?
What would you like to ask God for help with about your friends?

Do you have a plan for getting along with others? What does that look like?

Jesus tells us to love God and to love our neighbor. What might we be able to do with our family and friends that looks like loving our neighbor?

Do you have a balance of alone time and time with others?

