

ST. CATHERINE'S EPISCOPAL CHURCH



THE FOURTH SUNDAY AFTER THE EPIPHANY

JANUARY 28, 2024

11:00 AM

THE FOURTH SUNDAY AFTER THE EPIPHANY

The Holy Eucharist Rite II

January 28, 2024

PRELUDE

Gammal fäbodpsalm

O. Lindberg

WELCOME & ANNOUNCEMENTS

Please stand as you are able

THE OPENING HYMN

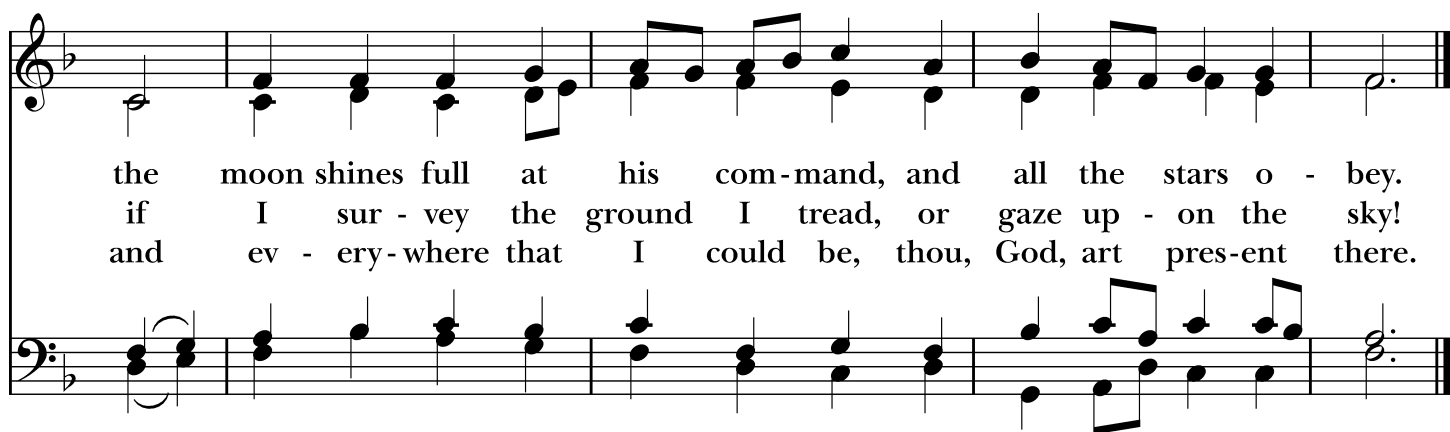
I sing the almighty power of God

HYMN #398

1 I sing the al-might - y power of God, that made the moun-tains rise,
2 I sing the good - ness of the Lord, that filled the earth with food;
3 There's not a plant or flower be - low, but makes thy glo - ries known;

that spread the flow - ing seas a - broad and built the lof - ty skies.
he formed the crea-tures with his Word, and then pro-nounced them good.
and clouds a - rise, and tem-pests blow, by or - der from thy throne;

I sing the wis - dom that or - dained the sun to rule the day;
Lord, how thy won - ders are dis - played, wher - e'er I turn my eye,
while all that bor - rows life from thee is ev - er in thy care,



the moon shines full at his com-mand, and all the stars o - bey.
if I sur - vey the ground I tread, or gaze up - on the sky!
and ev - ery-where that I could be, thou, God, art pres-ent there.

THE OPENING ACCLAMATION

Blessed be God, Father, Son and Holy Spirit.

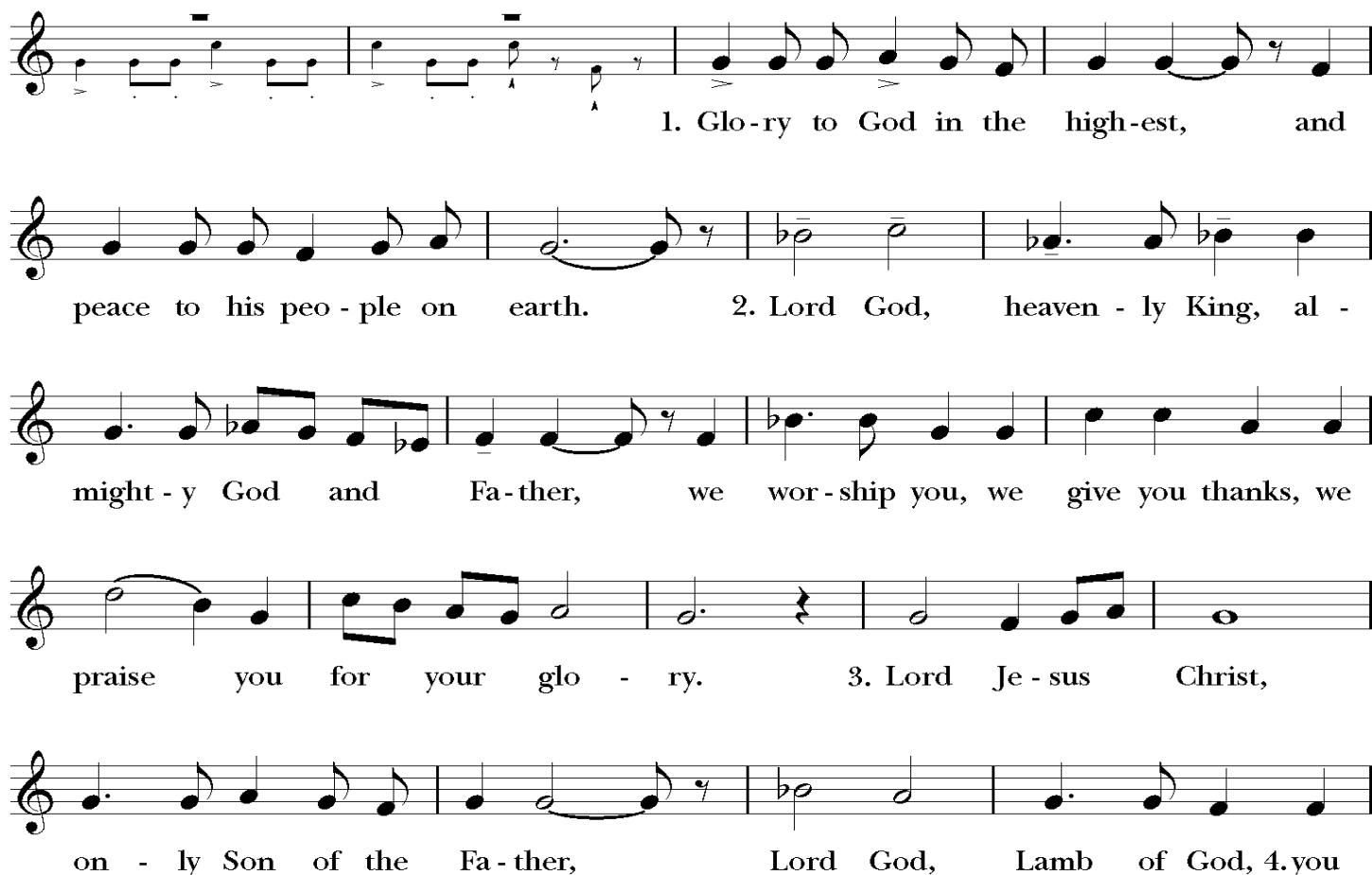
People: And blessed be God's Kingdom, now and for ever. AMEN.

THE COLLECT FOR PURITY

Almighty God, to you all hearts are open, all desires known, and from you no secrets are hid: Cleanse the thoughts of our hearts by the inspiration of your Holy Spirit, that we may perfectly love you, and worthily magnify your holy Name; through Christ our Lord. **Amen.**

THE SONG OF PRAISE

HYMN #S278



1. Glo-ry to God in the high-est, and
peace to his peo - ple on earth. 2. Lord God, heaven - ly King, al -
might - y God and Fa-ther, we wor - ship you, we give you thanks, we
praise you for your glo - ry. 3. Lord Je - sus Christ,
on - ly Son of the Fa - ther, Lord God, Lamb of God, 4. you

take a - way the sin of the world: have mer - cy on us;

5. you are seat - ed at the right hand of the Fa - ther: re -

ceive our prayer. 6. For

you a - lone are the Ho - ly One, you a - lone are the Lord,

7. you a - lone are the Most High, Je - sus Christ, with the

Ho - ly Spi - rit, in the glo - ry of

God the Fa - ther. A - men.

THE COLLECT OF THE DAY

Celebrant: The Lord be with you.

People: **And also with you.**

Celebrant Let us pray.

Almighty and everlasting God, you govern all things both in heaven and on earth: Mercifully hear the supplications of your people, and in our time grant us your peace; through Jesus Christ our Lord, who lives and reigns with you and the Holy Spirit, one God, for ever and ever. **Amen.**

THE FIRST LESSON

DEUTERONOMY 18:15-20

A reading from the Book of Deuteronomy.

Moses said: The Lord your God will raise up for you a prophet like me from among your own people; you shall heed such a prophet. This is what you requested of the Lord your God at Horeb on the day of the

assembly when you said: "If I hear the voice of the Lord my God any more, or ever again see this great fire, I will die." Then the Lord replied to me: "They are right in what they have said. I will raise up for them a prophet like you from among their own people; I will put my words in the mouth of the prophet, who shall speak to them everything that I command. Anyone who does not heed the words that the prophet shall speak in my name, I myself will hold accountable. But any prophet who speaks in the name of other gods, or who presumes to speak in my name a word that I have not commanded the prophet to speak—that prophet shall die."

The Word of the Lord.

People: **Thanks be to God.**

THE PSALM

PSALM 111



A 1 Hallelujah!

I will give thanks to the LORD with my whole **heart**, *
in the assembly of the upright, in the **congregation**.

B 2 Great are the deeds of the **LORD**! *

they are studied by all who **delight in them**.

A 3 His work is full of majesty and **splendor**, *

and his righteousness endures for **ever**.

B 4 He makes his marvelous works to be **remembered**; *

the LORD is gracious and full of **compassion**.

A 5 He gives food to those who **fear him**; *

he is ever mindful of his **covenant**.

B 6 He has shown his people the power of his **works** *

in giving them the lands of the **nations**.

A 7 The works of his hands are faithfulness and **justice**; *

all his commandments are **sure**.

B 8 They stand fast for ever and **ever**, *

because they are done in truth and **equity**.

A 9 He sent redemption to his people;

he commanded his covenant for **ever**; *

holy and awesome is his **Name**.

B 10 The fear of the LORD is the beginning of **wisdom**; *

those who act accordingly have a good understanding;

his praise endures for **ever**.

A reading from the first letter of John to the Corinthians.

Now concerning food sacrificed to idols: we know that “all of us possess knowledge.” Knowledge puffs up, but love builds up. Anyone who claims to know something does not yet have the necessary knowledge; but anyone who loves God is known by him.

Hence, as to the eating of food offered to idols, we know that “no idol in the world really exists,” and that “there is no God but one.” Indeed, even though there may be so-called gods in heaven or on earth—as in fact there are many gods and many lords—yet for us there is one God, the Father, from whom are all things and for whom we exist, and one Lord, Jesus Christ, through whom are all things and through whom we exist.

It is not everyone, however, who has this knowledge. Since some have become so accustomed to idols until now, they still think of the food they eat as food offered to an idol; and their conscience, being weak, is defiled. “Food will not bring us close to God.” We are no worse off if we do not eat, and no better off if we do. But take care that this liberty of yours does not somehow become a stumbling block to the weak. For if others see you, who possess knowledge, eating in the temple of an idol, might they not, since their conscience is weak, be encouraged to the point of eating food sacrificed to idols? So by your knowledge those weak believers for whom Christ died are destroyed. But when you thus sin against members of your family, and wound their conscience when it is weak, you sin against Christ. Therefore, if food is a cause of their falling, I will never eat meat, so that I may not cause one of them to fall.

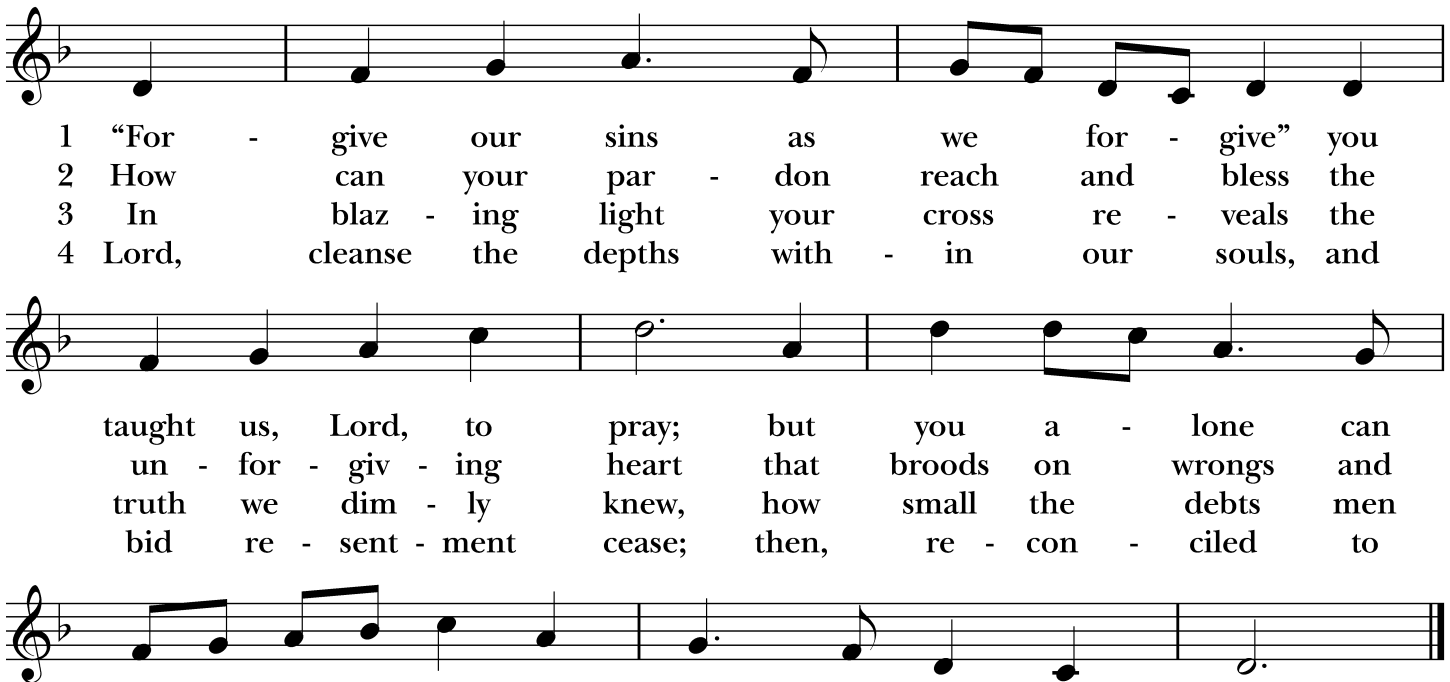
The Word of the Lord.

People: **Thanks be to God.**

THE SEQUENCE HYMN

Forgive our sins as we forgive

HYMN #674



1 “For - give our sins as we for - give” you
 2 How can your par - don reach and bless the
 3 In blaz - ing light your cross re - veals the
 4 Lord, cleanse the depths with - in our souls, and

taught us, Lord, to pray; but you a - lone can
 un - for - giv - ing heart that broods on wrongs and
 truth we dim - ly knew, how small the debts men
 bid re - sent - ment cease; then, re - con - ciled to

grant us grace to live the words we say.
 will not let old bit - ter - ness de - part?
 owe to us, how great our debt to you.
 God and man, our lives will spread your peace.

The Holy Gospel of our Lord Jesus Christ according to Mark.

People: Glory to you, Lord Christ.

Jesus and his disciples went to Capernaum; and when the Sabbath came, he entered the synagogue and taught. They were astounded at his teaching, for he taught them as one having authority, and not as the scribes. Just then there was in their synagogue a man with an unclean spirit, and he cried out, "What have you to do with us, Jesus of Nazareth? Have you come to destroy us? I know who you are, the Holy One of God." But Jesus rebuked him, saying, "Be silent, and come out of him!" And the unclean spirit, convulsing him and crying with a loud voice, came out of him. They were all amazed, and they kept on asking one another, "What is this? A new teaching—with authority! He commands even the unclean spirits, and they obey him." At once his fame began to spread throughout the surrounding region of Galilee.

The Gospel of the Lord.

People: Praise to you Lord Christ

THE SERMON

THE REV. SARAH K. FISHER

THE NICENE CREED

**We believe in one God,
the Father, the Almighty,
maker of heaven and earth,
of all that is, seen and unseen.**

**We believe in one Lord, Jesus Christ,
the only Son of God,
eternally begotten of the Father,
God from God, Light from Light,
true God from true God,
begotten, not made,
of one Being with the Father.
Through him all things were made.
For us and for our salvation
he came down from heaven:
by the power of the Holy Spirit
he became incarnate from the Virgin Mary,
and was made man.**

**For our sake he was crucified under Pontius Pilate;
he suffered death and was buried.
On the third day he rose again
in accordance with the Scriptures;
he ascended into heaven**

and is seated at the right hand of the Father.
He will come again in glory to judge the living and the dead,
and his kingdom will have no end.
We believe in the Holy Spirit, the Lord, the giver of life,
who proceeds from the Father and the Son.
With the Father and the Son he is worshiped and glorified.
He has spoken through the Prophets.
We believe in one holy catholic and apostolic Church.
We acknowledge one baptism for the forgiveness of sins.
We look for the resurrection of the dead,
and the life of the world to come. Amen.

THE PRAYERS OF THE PEOPLE *(read responsively)*

FORM VI

In peace, we pray to you, Lord God.

Silence

For all people in their daily life and work;
For our families, friends, and neighbors, and for those who are alone.

For this community, the nation, and the world;
For all who work for justice, freedom, and peace.

For the just and proper use of your creation;
For the victims of hunger, fear, injustice, and oppression.

For all who are in danger, sorrow, or any kind of trouble;
For those who minister to the sick, the friendless, and the needy.

For the peace and unity of the Church of God;
For all who proclaim the Gospel, and all who seek the Truth.

For Michael our Presiding Bishop, and Robert our Bishop and for all bishops and other ministers;
For all who serve God in his Church.

For the special needs and concerns of this congregation.

Silence

The People may add their own petitions

Hear us, Lord;
For your mercy is great.

We thank you, Lord, for all the blessings of this life.

Silence

The People may add their own thanksgivings

We will exalt you, O God our King;
And praise your Name for ever and ever.

We pray for all who have died, that they may have a place in your eternal kingdom.
Silence

The People may add their own petitions

Lord, let your loving-kindness be upon them;
Who put their trust in you.

We pray to you also for the forgiveness of our sins.
Silence may be kept.

Leader and People

**Have mercy upon us, most merciful Father;
in your compassion forgive us our sins,
known and unknown,
things done and left undone;
and so uphold us by your Spirit
that we may live and serve you in newness of life,
to the honor and glory of your Name;
through Jesus Christ our Lord. Amen.**

THE PEACE

The peace of the Lord be always with you.

People: And also with you.



*To give electronically, text **Stcats** to 732-56*

THE POST-PEACE SONG
(The congregation may be seated.)

Fairest Lord Jesus

HYMN #383
(verse 3)

*Fair is the sunshine,
fairer still the moonlight,
and all the twinkling, starry host:
Jesus shines brighter,
Jesus shines purer,
than all the angels heaven can boast.*

THE OFFERTORY ANTHEM
Chancel Choir

How Lovely are the Messengers

F. Mendelssohn

*How lovely are the messengers that preach us the gospel of peace.
To all the nations is gone forth the sound of their words, throughout all the lands their glad tidings.
(Romans 10: 15,18)*

O for a thousand tongues to sing

1 O for a thou - sand tongues to sing my dear Re - deem - er's praise,
 2 My gra - cious Mas - ter and my God, as - sist me to pro - claim
3 Je - sus! the Name that charms our fears and bids our sor - rows cease;
 4 He speaks; and, lis - tening to his voice, new life the dead re - ceive,
 5 Hear him, ye deaf; ye voice - less ones, your loos - ened tongues em - ploy;

1 the glo - ries of my God and King, the tri - umphs of his grace!
 2 and spread through all the earth a - broad the hon - ors of thy Name.
3 'tis mu - sic in the sin - ner's ears, 'tis life and health and peace.
 4 the mourn - ful bro - ken hearts re - joice, the hum - ble poor be - lieve.
 5 ye blind, be - hold, your Sa - vior comes; and leap, ye lame, for joy!

6 Glory to God and praise and love
 be now and ever given
 by saints below and saints above,
 the Church in earth and heaven.

THE GREAT THANKSGIVING
 EUCHARISTIC PRAYER A

BCP 361

Celebrant: The Lord be with you.
People: And also with you.
 Celebrant: Lift up your hearts.
People: We lift them to the Lord.
 Celebrant: Let us give thanks to the Lord our God.
People: It is right to give our thanks and praise.

Celebrant continues

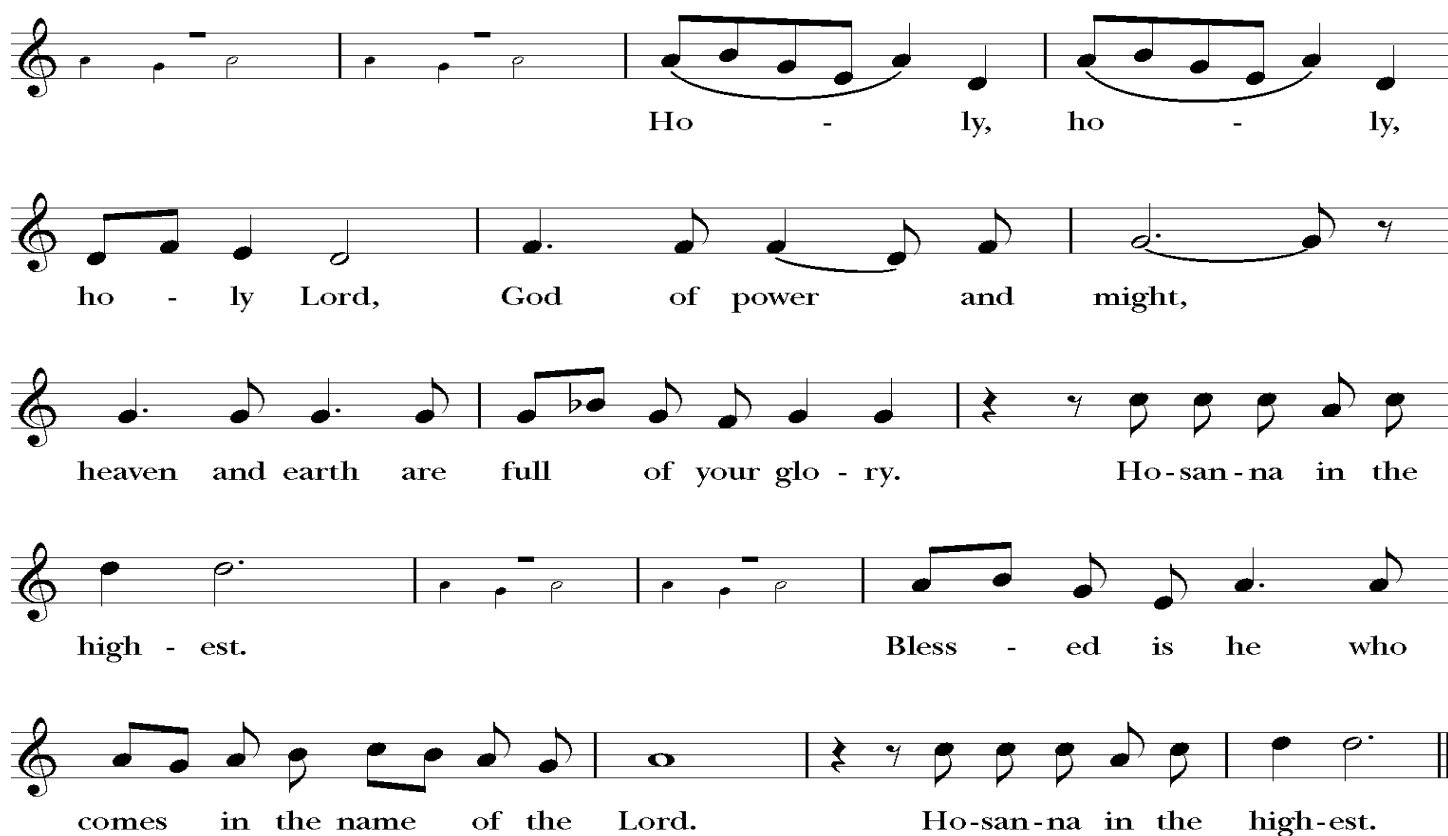
It is right, and a good and joyful thing, always and everywhere to give thanks to you, Father Almighty,
 Creator of heaven and earth.

Here a Proper Preface is said.

Therefore we praise you, joining our voices with Angels and Archangels and with all the company of heaven, who for ever sing this hymn to proclaim the glory of your Name:

Celebrant and People
SANCTUS

HYMN #S128



Ho - ly, ho - ly,
ho - ly Lord, God of power and might,
heaven and earth are full of your glo - ry. Ho-san-na in the
high - est. Bless - ed is he who
comes in the name of the Lord. Ho-san-na in the high-est.

Holy and gracious Father: In your infinite love you made us for yourself, and, when we had fallen into sin and become subject to evil and death, you, in your mercy, sent Jesus Christ, your only and eternal Son, to share our human nature, to live and die as one of us, to reconcile us to you, the God and Father of all.

He stretched out his arms upon the cross, and offered himself, in obedience to your will, a perfect sacrifice for the whole world.

On the night he was handed over to suffering and death, our Lord Jesus Christ took bread; and when he had given thanks to you, he broke it, and gave it to his disciples, and said, "Take, eat: This is my Body, which is given for you. Do this for the remembrance of me."

After supper he took the cup of wine; and when he had given thanks, he gave it to them, and said, "Drink this, all of you: This is my Blood of the new Covenant, which is shed for you and for many for the forgiveness of sins. Whenever you drink it, do this for the remembrance of me." Therefore we proclaim the mystery of faith:

Celebrant and People
Christ has died.
Christ is risen.
Christ will come again.

We celebrate the memorial of our redemption, O Father, in this sacrifice of praise and thanksgiving. Recalling his death, resurrection, and ascension, we offer you these gifts.

Sanctify them by your Holy Spirit to be for your people the Body and Blood of your Son, the holy food and drink of new and unending life in him. Sanctify us also that we may faithfully receive this holy Sacrament, and serve you in unity, constancy, and peace; and at the last day bring us with all your saints into the joy of your eternal kingdom.

All this we ask through your Son Jesus Christ: By him, and with him, and in him, in the unity of the Holy Spirit all honor and glory is yours, Almighty Father, now and for ever. **AMEN.**

THE LORD’S PRAYER

And now, as our Savior Christ has taught us, we are bold to say,

Our Father, who art in heaven,	as we forgive those
hallowed be thy Name,	who trespass against us.
thy kingdom come,	And lead us not into temptation,
thy will be done,	but deliver us from evil.
on earth as it is in heaven.	For thine is the kingdom,
Give us this day our daily bread.	and the power, and the glory,
And forgive us our trespasses,	for ever and ever. Amen.

THE BREAKING OF THE BREAD

FRACTION ANTHEM	<i>Lamb of God</i>	HYMN #S161
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Lamb of God, you take a - way the sins of the world:
have mer - cy on us. Lamb of God, you take a - way the
sins of the world: have mer - cy on us. Lamb of God,
you take a - way the sins of the world: grant us peace.

THE INVITATION

If you feel called to this table of mercy and grace, know there is a place set for you. There are two different stations that function two distinct ways.

At the Thanksgiving or Side Altar, This is a Gluten Free station with intinction only. At this station you may intinct (dip) the bread into the holy wine yourself. If you only want to receive the bread, please cross your arms after consuming.

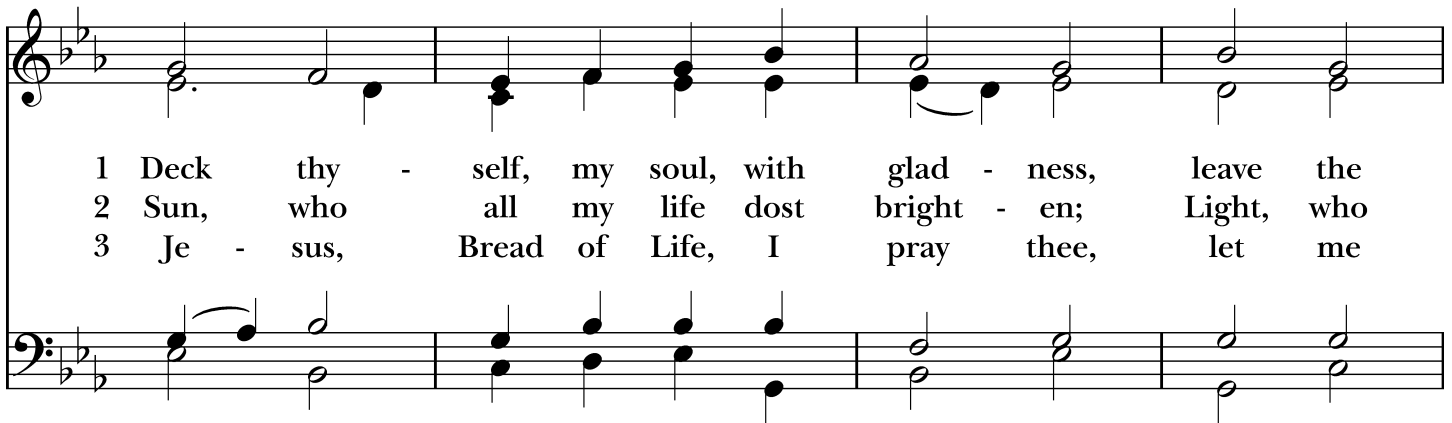
At the altar rails, you will receive the holy bread in your hands. You may choose to sip from the chalice or to intinct (dip) the holy bread into the holy wine yourself. If you only want to receive the bread, please cross your arms after consuming.

The response after receiving the bread only, or the bread and wine, is "Amen." Those not communing may come forward for a blessing, keeping your hands folded across your chest.

COMMUNION HYMN

Deck thyself, my soul with gladness

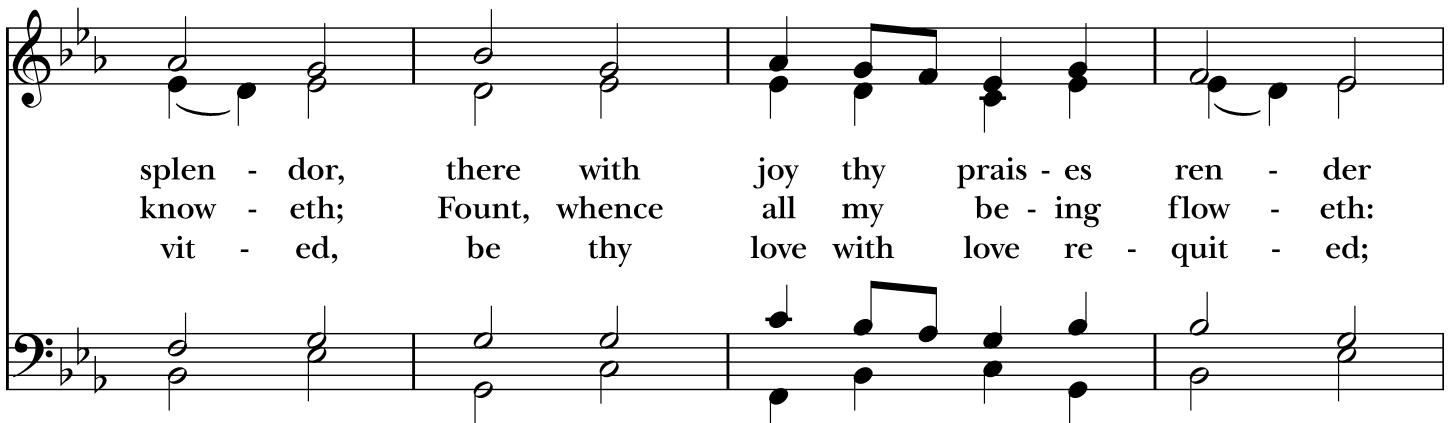
HYMN #339



1 Deck thy - self, my soul, with glad - ness, leave the
2 Sun, who all my life dost bright - en; Light, who
3 Je - sus, Bread of Life, I pray thee, let me



gloom - y haunts of sad - ness, come in - to the day - light's
dost my soul en - light - en; Joy, the best that an - y
glad - ly here o - bey thee; nev - er to my hurt in -



splen - dor, there with joy thy prais - es ren - der
know - eth; Fount, whence all my be - ing flow - eth:
vit - ed, be thy love with love re - quit - ed;

un - to him whose grace un - bound - ed hath this
at thy feet I cry, my Ma - ker, let me
from this ban - quet let me mea - sure, Lord, how

won-drous ban - quet found - ed - high o'er all the heavens he
be a fit par - ta - ker of this bless - ed food from
vast and deep its trea - sure; through the gifts thou here dost

reign - eth, yet to dwell with thee he deign - eth.
hea - ven, for our good, thy glo - ry, giv - en.
give me, as thy guest in heaven re - ceive me.

EUCCHARISTIC MINISTER SENDING

Celebrant: In the name of this congregation I send you forth bearing these holy gifts, that those to whom you go may share with us in the communion of Christ's body and blood.

People: We who are many are one body, because we all share one bread, and one cup.

POST COMMUNION PRAYER

**Eternal God, heavenly Father,
you have graciously accepted us as living members
of your Son our Savior Jesus Christ,
and you have fed us with spiritual food
in the Sacrament of his Body and Blood.
Send us now into the world in peace,
and grant us strength and courage
to love and serve you
with gladness and singleness of heart;
through Christ our Lord. Amen.**

BLESSING

CLOSING

Ye servants of God, your Master proclaim

HYMN #535

1 Ye ser - vants of God, your Mas - ter pro - claim,
2 God rul - eth on high, al - might - y to save;
3 Sal - va - tion to God who sits on the throne!
4 Then let us a - dore, and give him his right:

and pub - lish a - broad his won - der - ful Name;
and still he is nigh: his pres - ence we have.
Let all cry a - loud, and hon - or the Son.
All glo - ry and power, all wis - dom and might,

the Name all - vic - to - rious of Je - sus ex - tol:
The great con - gre - ga - tion his tri - umph shall sing,
The prais - es of Je - sus the an - gels pro - claim,
and hon - or and bless - ing, with an - gels a - bove,

his king - dom is glo - rious; he rules o - ver all.
as - crib - ing sal - va - tion to Je - sus our King.
fall down on their fa - ces, and wor - ship the Lamb.
and thanks nev - er - ceas - ing and in - fi - nite love.

DISMISSAL

Deacon: Let us go forth in the name of Christ.

People: Thanks be to God.

POSTLUDE

March

A. De Meulemeester

JANUARY 28, 2024

FOR THOSE CELEBRATING BIRTHDAYS:

Nancy Barke 1/28; Angela Green 1/28; Tami Mace 1/28; Katja Michael 1/28; Foster Walton 1/28; Logan Buckalew 1/29; Rod Deutscher 1/29; Sandy Fantz 1/29; Al Maxwell 1/29; Lisa Messinger 1/29; Rebecca Dailey 1/31; John Martin 2/1

FOR THOSE CELEBRATING ANNIVERSARIES:

Martin & Katja Michael 1/28

FOR OUR PARISH CYCLE OF PRAYER:

The Barber Family; Nancy & Richard Barke; Barbara & John Barrington; Thad Barrington; Mark & Laurie Bartlow

IN NEED OF PRAYER:

Audrey Nesbit; Liz Burlas; Mark & Doris Anderman; Matt Behrend; Deanne Bradbury; Cheryl Bradbury; Tommy Bradbury; Beth Sandoval; Todd Jackson; Carl Bright; Nan Mein; Peter & Swiss Britt; Jan Coraggio

FOR THOSE WHO DIED:

THE CANDLE & FLOWERS

The candle and flowers are given to the glory of God.

SERVING ST. CATHERINE'S

LECTOR	Linda Agnello
INTERCESSOR	Steve Diffley
LEMS	Terri Gabrielson Jan Potter Chris Potter Linda Scott
USHERS	Maria Manning Nelson Gale
STREAMING	David Moore Bill Ivey
VPOD	Michael Wherry

SAVE THE DATE

You can purchase your tickets online using the link in your weekly Wheel Newsletter.



When and where is this event?

This event is scheduled for Saturday, February 10th, 2024 from 6:30-8:30 pm at St. Catherine's Parish Hall.

What is this event?

Every year, the youth program hosts a fundraising event to raise support for a pilgrimage trip. The pilgrimage trip is the culminating experience of our youth program--a chance for our young people to go on a spiritual journey to seek out Jesus Christ.

Traditionally, these fundraising events take the form of the "Valentine's Dinner Dance" that includes lively music, great food, and auction. In recent years, this event has had to take on creative new forms due to COVID, so you may recall Omicron Date Night (Charcuterie "to-go"), Adventure Awaits Brunch, or last year's Cinco De Mayo Celebration. All of these events have been different iterations of the same purpose: supporting our youth on this important pilgrimage journey.

How is this year's event different from previous years?

We are excited to bring back the Valentine's themed event, but this year is different because we will not have an auction at this event. Instead, we will focus on celebrating our community of love that has so generously given to St. Catherine's youth.

This parish has supported its youth for years now, allowing our young people to attend several life-impacting pilgrimages. We like to think of this as a Jubilee Year. Because of your generosity, our youth have already met their financial needs. So, this event simply celebrates the parish, our youth, and the generosity that is characteristic of our church.

How much are tickets and what does this event offer?

Tickets are \$40.00 per person.

Event Highlights:

- DJ, dance floor, and lighting
- Heavy hors d'oeuvres, desserts, and adult beverages
 - Photo booth/area
 - Childcare provided

All proceeds from this event support the Youth Pilgrimage to Costa Rica in June, 2024.

A note about children:

Childcare is available for anyone who needs it. Childcare information can be submitted using the ticket link provided below. We will provide pizza and have children looked after in the convenience of the nearby Youth House. Parents/guardians are free to pick up their children and leave whenever need be.

This event is geared towards adults and so we ask that if you plan on bringing children, that they be signed up for childcare and dropped off for a fun evening in the Youth House.

The Rev. Sarah K. Fisher
Rector
Email: sarah@stcatherines.org

The Rev. Trey Phillips
Associate Rector
Email: trey@stcatherines.org

The Rev. Jess W. Speaker III
Deacon
Email: jess@stcatherines.org

Shannon Darke
Seminarist
Email: Shannon@stcatherines.org

Parish Staff
Rachel Hutton, *Executive Assistant to the Clergy*
rachel@stcatherines.org

Bill Ivey, *Facilities Manager*
facilities@stcatherines.org

Pam Kulpa, *Preschool Director*
pam@stcatherines.org

Pat Pepper, *Coordinator of Newcomer Connection*
volunteer@stcatherines.org

Dr. Chris Walters, *Organist & Choirmaster*
chris@stcatherines.org

The Vestry 2023

Nelson Gale, Sr. Warden ('24)
Linda Scott, ('25)

Ellen Adams ('24)
Karen Friend ('26)
Rebekah Fontenot ('26)
Lisa Johnston ('26)
Victoria Lennon ('25)

Fred Lopez ('24)
Barbara Perry ('24)
Maria Salgado ('24)
Greg Stewart ('26)
Michael Wherry ('25)

Tom Donoghue, Treasurer

Frances Bowden, Vestry Clerk



571 Holt Road NE
Marietta, Georgia 30068
phone: 770-971-2839 ☎ 1-877-991-9762
stcats@stcatherines.org
www.stcats.church